

Rev. Pananda DonnaRae Kohlman – Spiritual Profile

Spiritual Healer, Medium, Trance Channeller, Minister, and Teacher

Rev. Pananda DonnaRae Kohlman is a deep trance channeller, psychic medium, and spiritual healer with over 40 years of service in the metaphysical and holistic fields. Through her remarkable connection to Spirit and her compassionate presence, she has helped thousands of individuals find healing, purpose, and spiritual clarity. Rev. Pananda DonnaRae Kohlman stands as a beacon of transformative energy work and spiritual guidance.

Journey into Healing

In the early 1980s, Pananda faced and overcame melanoma cancer through her own means. This profound experience shifted her perception, leading her to view the world through "new eyes." This transformative period ignited her passion for holistic healing and set her on a path to assist others in their healing journeys.

Professional Experience

- **Mediumship:** As a medium, Pananda bridges the two worlds, facilitating communication between loved ones, bringing comfort and messages from the spirit realm.
- **Teaching Roles:** She imparts knowledge in Reiki Seichem, meditation, trance channelling, and spiritual healing, empowering individuals to harness their innate healing abilities.
- **Trance Channelling:** As a deep trance channeller, Pananda allows evolved spiritual beings to speak through her, offering guidance, healing, and spiritual insight in both private sessions and public demonstrations.
- **Transmutation Soul Therapy™:** Since 1993, Pananda has been offering Transmutation Soul Therapy™ sessions, a unique healing modality she developed to facilitate the conversion and clearing of energy blockages in the body and auric fields.

Trance Channelling – A Sacred Gift

Pananda is renowned for her unique ability as a **deep trance channeller**—a form of mediumship where she allows benevolent spirit guides and higher consciousness beings to speak through her, sharing wisdom, healing energy, and spiritual insight.

In this altered state of consciousness, **Pananda steps aside completely**, allowing her guides to work directly through her voice and energy field. These channellings are not rehearsed or directed by her conscious mind—they are **spontaneous, sacred transmissions from Spirit**.

The experience for the audience is often deeply moving, healing, and transformative. Messages can be personal or collective, always offered with deep respect, truth, and spiritual love.

“Trance is sacred surrender. It is allowing Spirit to come through unfiltered, to touch hearts, shift lives, and awaken remembrance.”

– Rev. Pananda

She has demonstrated trance channelling publicly at events and private sessions, including appearances through:

- **Pakenham Spiritualist Centre**
- **Angel Insights**
- **Wholistic Gateway**
- **Transmutation Soul Therapy**
- **Spiritual Development Circles**
- **And Internationally** (USA, Canada, UK)

Pananda has channelled beings who have introduced themselves as teachers, healers, and Light Beings from higher dimensions, including angelic realms and ascended masters. Their presence is often accompanied by a noticeable shift in the room’s energy—one of **stillness, grace, and expanded awareness**.

Other Spiritual Works

- **Mediumship & Psychic Work**

Pananda offers **evidential mediumship**, psychic insight, and healing messages from loved ones and Spirit. Her messages are empathic, accurate, and delivered with deep spiritual integrity.

- **Teacher & Mentor**

Pananda is a trained and experienced teacher in:

- Spiritual Healing & Energetics
- Reiki-Seichem
- Meditation
- Trance Development
- Circle Work
- Psychic & Mediumship Development

- **Transmutation Soul Therapy™**

A high-frequency energetic healing modality developed by Pananda. This process works to transmute (transform and release) energetic blockages within the body, auric field, and consciousness. It addresses soul memory, trauma, and disconnection, allowing individuals to realign with their divine essence.

She regularly facilitates **Spiritual Development Circles** (both open and closed) and mentor's students one-on-one.

Spiritual Philosophy

Her spiritual path is informed by her deep inner connection, studies across healing and metaphysical modalities, and the spiritual teachings received during her own trance states.

She is aligned with the values of the **One Light Federation**, where she also holds ministerial recognition and contributes to spiritual teaching and service.

Affiliations and Recognitions

In 2022, Pananda was honoured with the title of Reverend, acknowledging her unwavering commitment and contributions to the spiritual community. [Facebook – to view](#)

Online Presence

Pananda extends her reach through various platforms:

- **Pakenham Spiritualist Centre:** A welcoming spiritual community.
pakenhamspiritualistcentre.com
- **Angel Insights:** Offering guidance and messages inspired by angelic realms.
Angel-insights.com
- **Wholistic Gateway:** A portal dedicated to holistic healing practices and teachings.
Wholistic-gateway.org
- **Transmutation Soul Therapy™:** Delving into her signature healing modality.
transmutationsoultherapy.com
- **Facebook:**
 - [Angel Insights](#)
 - [Pakenham Spiritualist Centre](#)
 - [Pananda](#)

Contact Information

For consultations, workshops, or further information:

- **Phone:** (+61) 4 1771 4093
 - **Email:** <mailto:mpananda@angel-insights.com>
 - **Based in:** Eastern Suburbs of Melbourne, Victoria
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Rev. Pananda DonnaRae Kohlman's life work embodies a profound commitment to healing, teaching, and bridging the spiritual and physical realms, guiding countless individuals toward clarity, empowerment, and spiritual growth.

Pananda's Invitation

“If you feel called to walk a path of spiritual awakening, healing, or service,
I welcome you. Whether through channelling, healing, or circle work,
I simply hold space for you to remember the light you truly are.”