

# Pakenham Spiritualist Church Newsletter



## Welcome...

Welcome and hello from your friendly Reverend Pananda, we have had so far quiet a busy year, with our first Service starting Jan 29th, the end of Summer and the holiday season, the school children going back to school from their long Christmas holiday break.

I know people were eager to getting back to a norm, which is also getting back to the Spiritual togetherness.

## First Service for the Year...

Our first service we had the joy with having Rev Trish Roche from the Lilydale Spiritualist Centre, who gave a beautiful talk with valued teachings, and the pleasure of having Sharon Lee-Gaine, who has a great connection with speaking with the spirit world.

You could feel the love and light with spirit filling the sacred church with these two powerful mediums each working in the way they know how. It was a precious afternoon and you could tell because the kitchen was a-buzz 😊

Now that put a smile on my face, as well as hubby, Ronald's. Our gentle giant who assists me in setting up the hall, and our music man 😊 and he tells tales on the Rev at times.



Rev. Trish, Sharon, and Rev. P

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## What is this light?



What is this light that dances at the center of my life? This golden light that dances upon the leaves.

These idle clouds sailing across the sky, this passing breeze leaving its coolness on my forehead.

The sky opens, the wind runs wild, laughter passes over the earth, butterflies spread their sails in the sea of light.

Lilies and Jasmynes surge up on the crest of the waves of light. The light is shattered into gold on every cloud and it scatters gems in profusion.

Mirth spreads from leaf to leaf and there is gladness without measure. Heaven's river has drowned its banks and the flood of joy is abroad.

This flood of joy must indeed be love, for love is the only reality and it is not a mere sentiment it is the truth that lies at the heart of all creation.

Rabindranath Tagore

*“Spiritual Healing is aligning to Life Force Energy Creator, This energy can be channelled for a beneficial effect to a person, place or object, at all levels, Body, Mind, and Spirit through the intent of Loving Thoughts. Spiritual Healing may be given to any person, without distinction, who is suffering from any illness, injury, or problem.”*

### Mediums...

Every Medium is unique, and precious on what they unconditionally give to the sitters, the church.

Some mediums have worked and trained very hard for many years to get where they are at and of course some are just starting their journey.

We are so grateful, and welcome them all, within their truth, integrity, and wisdom.

Yet we understand we are all learning in each now moment, there is a trust with spirit when each medium enters these doors.

## February

On Feb 12th we had the pleasure of Suzanne Hatcher & Brian Cuskrin, they are a wonderful team that travel around to many Spiritual Centres, to assist spirit in getting to the family members with loving, nurturing messages.

Suzanne gave a spiritual talk with so much information, would love to hear this again, we are always learning, don't you just love it.

Brian and Suzanne walked the platform giving proof of survival and the last one Rev Pan was cheeky and had a request lol, I loved the look on Brians face. Suzanne said we can do that, and they did. Each member of the congregation received a word from spirit. It was a lovely with service with much laughter, and you know what, that kitchen was a-buzz again 😊 what a team.



Brian, Suzanne, and Rev. P

## February con't...

Feb the 26th the time is going so quick, we had the pleasure of Andrew Glen and Lisa Pitman, now there is a story here. We were to have John and Leanne Rollingson, ministers from Bendigo Spiritualist Centre, there was an illness, and they couldn't come, (all is well now). Now this is what it's all about beautiful people, I called out for Mediums who could come to our precious church, and Andrew Glen who a week or so before the service had just got out of hospital and he said he would love to come and Lisa Pitman said that she would do the talk for us. There are such wonderful mediums out there, willing to assist and help unconditionally.



Andrew, Lisa, and Rev. P

This is for all the churches, its amazing, don't ya love Spirit xoxoxoxox.

So, Lisa did a lovely teaching with her story, and Andrew walked the floor and gave I believe 7 readings, guess what that kitchen was rocking with so much chitter chatter 😊

## March

Now Autumn starts in March, the transition of change happening, the leaves that have fallen, leaving like a carpet of many colours, orange, yellow, red.

This season we're seeing the roads getting busier, life is getting back to a normal, rushing around with so much to do.

Yet you have your weekends of the lovely Autumn days, yes, the nights and early mornings may be a tad cooler, yet my oh my, the late mornings and early afternoons are a treasure, being so grateful to Creator for such a sight.



Taking advantage of getting outside into nature, feeling the leaves crunch under your feet, bushwalking, swimming, fishing, hiking, reading a book near a stream. We are very lucky here, we have abundant activities for all ages if we can get adventurous again from our last few years, healing. So much healing for all, having that lovely walk through the calm colours, autumn is a beautiful season of planting seeds, before we get into the Winter of hibernation, reviewing life.

You could feel the Autumn in the air, the movement, letting go, allowing change to take place with more ease, can feel the people in the centre getting to know each other, trust taking place. The church is growing, this puts a smile on our faces.

## A Sharing of Wisdom

"Expect only the very best in everything and everyone, and see it come forth.

Keep your heart open to one another. Look for the highest good in each other, and work from that higher level of consciousness. Encourage one another in every way possible, every soul needs encouragement. You will find as you help others, you help yourself to grow at the same time." Opening doors within.



## Power of connecting...

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

Leo Buscaglia.

## Greeting...

Greet everyone with an open heart, without an agenda. See the divine essence in everyone. Forgive quickly, completely and unconditionally.

Remember you are the light. You never left the light of the ALL.

## Our Aim...

To promote the universal structure of peace and integrity, with the source of energy, god (the great spirit), who protects and attracts a likeness to his name and of all good deeds done on the earth.

## About Rev. Pananda...

Rev. Pananda DonnaRae is a Spiritualist Minister, deep trance channeller, mental and physical medium / psychic and healer. She has been working within the holistic and spiritual fields for over 30 years.

She is a Medium, Channeller and Healer; who is also qualified as a Reiki -Seichem Master, a Zenith Master Practitioner, and Spiritual Healer, having also had training in several other metaphysical and healing modalities. She has led many Spiritual Development Circles.

- ◇ As a Medium, she is professional and empathetic in providing communications from loved ones who are on "the other side".
- ◇ As a trance channeller, she can set her conscious-self aside and allow another being or energy, a non-physical or spiritual being to speak through her.
- ◇ As a healer, she uses this link to higher knowledge, to direct and guide her in what therapy to use and how to use it for maximum benefit for her clients.

## 12th of March

12th March wow, we had the pleasure of Michael Withington. I'm not sure if everyone knows, that when Michael does platform his guides work with him, inspirational or overshadow. Not sure how Michael would explain, but my goodness the volume of information provided through Michael, makes me feel that we are very honoured.

His talks and proof of survival are treasured, Michael has been working with his spirit team for a very long time, there is trust and love and you can see it when he is working.

And yes the kitchen was buzzing, yep we all had smiles on our faces.



Michael and Rev. P

*It is said that anyone can be a psychic, but not everyone can be a medium, food for thought.*

## 26th of March

And now we have just had our 26th of March Service, we had the pleasure of Erica Aimino.

Many came to see Erica work as well as meeting Paul, with their fairly new member of the family, Noah, the meet and greet was precious before and after service, it was a treat.

Erica gave a detailed talk on the spiritual teachings of one of 7 principles, and platform of demonstration of proof of survival. And of course, now, and again we heard a murmur from Noah of approval, which made us smile.

It was another lovely service and yes, the kitchen was humming, LOL.



Erica and Rev. P

## Blessings

I feel so blessed to be able to serve the people at this beautiful white hall we call centre, with the people inside, I call church, for they are who make the church, and I'm so proud to be their minister.

Ronald and I, with our Spirit team arrive at the hall and get it ready for the people to enter a safe, smartly setup dwelling, smudged, and clearing of energy. So that as soon as anyone enters the building, they receive healings, actually as soon as you arrive at the car park and you will start to feel the calm, healing, and feeling safe.

The healing sacred area is prepared, the Spirit Team are ready, and so are the healing helpers.

The kitchen is prepared for the after-service buzz, lol. I joke, yet that kitchen is very important, to have a nice cupper and food mmmm mmmm and yummy people who introduce themselves to each other, and talking to each other, is pretty cool.



We have Alison (Ali), who is normally at the front table, to welcome each member coming in, you will meet her too in the kitchen.

Ali also takes us on a journey with our Meditations. 😊

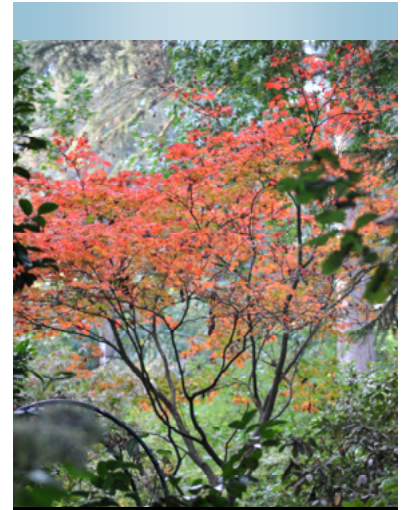
Now Celeste, is our kitchen lady, who also makes those yummy sandwiches. 😊 She is also a healer, plus she tells us a Story and a Joke, after Ali does the Meditation.

Now I come into this picture, for I'm the chocolate cake lady 😊 and perhaps teacake and yes I love working with the Spirit healings as well, you could say we are a very busy team.

And our music man, Ronald, makes sure we have music for our service.

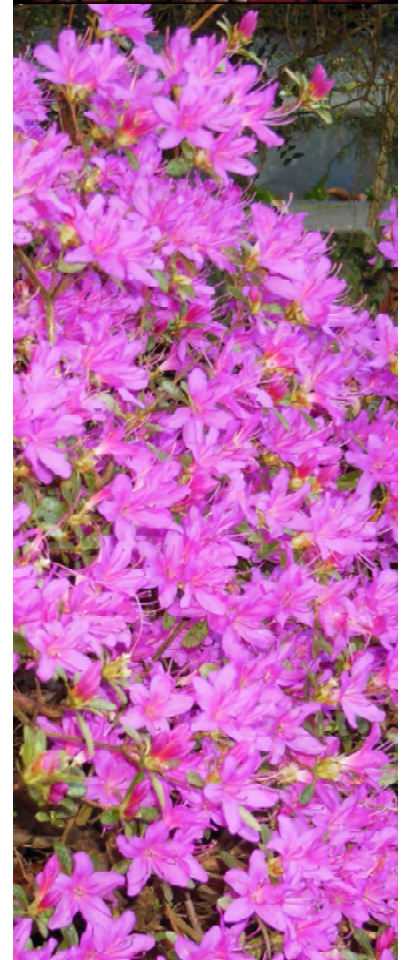
And of course, all the people who pitch in and assist the church, so many to name. You all rock, we are so very grateful.

Rev. P.



*"I believe the only true religion consists of having a good heart."*

*- Dalai Lama -*



## Pakenham Spiritualist Church

All are welcome to join us at the Pakenham Spiritual Centre for our fortnightly service. Come join us for a spiritual afternoon with Mediumship, a Lecture on Spiritual matters, and the company of like-minded individuals.

Our service will be led by the centre's Reverend, who will be supported by invited Guest Speakers and Medium(s). The guest speaker will provide us with a "spiritual" talk and the medium(s) will be demonstrating evidence of survival (Mediumship).

During the service, we do ask for your support with a freely given donation, to support the running of the church. After the service, we invite you to join us for afternoon tea and conversation in the kitchen.

We are a spiritual community, and are not fixed on any particular religious doctrine. We only request that you come with an open heart and mind.

We hope to see you there.

## The Last Word...

We are endeavouring to bring more to the church, our library has finally come out, we have Membership available to support the Church, we are working on getting some Workshops together, and open looking for more spiritual healers to assist.

Busy, busy, busy, and of course, putting some new songs in our hymn books.

You have already noticed change, moving words to assist movement and understanding of love, life, strength, togetherness.

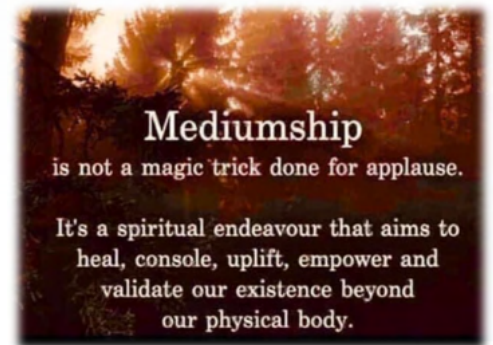
With a new Minister, change takes place, just like everyone we are all different and in energy, I am an energy worker, a trance communicator, and healer. I understand working with Spirit and my spirit team, we work with laughter, and yet, we can be serious of course.

My story is to unfold within the talks through the year, come and visit us and see who is on next, each Medium is special and has something different to offer us.

Your minister in Service,  
for you always

Blessings in love and light,

Rev. Pananda



## Pakenham Spiritualist Church

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Pakenham Spiritualist Centre Services are held on Sunday's every two weeks throughout the year.

The service officially commences at 3:00pm and finishes around 4:30pm, which is followed by light refreshments, community connection, and fellowship.

And our platform of mediums bring through messages, guidance, inspiration, and 'proof of survival' from your loved ones in spirit.

Our program generally consists of:

- ◇ Welcome and introduction
- ◇ A 20 minute talk from a guest speaker
- ◇ Music and Songs
- ◇ Group Meditation and healing
- ◇ Demonstration of mediumship and proof of survival
- ◇ Closing of service
- ◇ Afternoon tea and light refreshments

Refer to our website for our calendar of Services for the coming year.

- ◇ If you would like to participate as a healer for the Church, please step forward and speak with Rev. Pananda
- ◇ We are planning a number of workshops and special events to be held throughout the year, we will notify church members of these over the coming weeks.