## DRUMMING WORKSHOP

"FIND YOUR RHYTHM, UNLEASH YOUR BEAT!"

For people who want to explore their connection with spirit through the drum

Presented by: Ronald & Pananda

A dynamic and enriching hands-on learning experience that empowers participants to explore, express, and connect through the universal language of rhythm and music

27 April 2024
10:30 am—4:00 pm
Endeavour Hills
\$120 per person

Early Booking is Essential

Numbers are Limited

Registration
10:00-10:30am

Fun

**Therapeutic** 

**Stress Reduction and Relaxation** 

**Emotional Release** 

**Mind-Body Connection** 

**Physical Well-being** 

**Community Building** 

**Cultural and Spiritual Significance** 

**Personalised and Client-Centred** 

To reserve your place call Pananda 0417 714 093 or pananda@wholistic-gateway.com